

Antidote Health Plan of Ohio

Part III Actuarial Memorandum - Primary
Individual Rate Filing Effective January 1, 2026

August 1, 2025





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EXHIBIT 1: GENERAL INFORMATION

COMPANY IDENTIFYING INFORMATION

Company Legal Name:	Antidote Health Plan of Ohio
State:	The State of Ohio has regulatory authority over these policies
HIOS Issuer ID:	31981
Market:	Individual
Effective Date:	January 1, 2026

COMPANY CONTACT INFORMATION

Primary Contact Name:	
Primary Contact Telephone Number:	
Primary Contact Email Address:	

FILING INFORMATION

DOCUMENT OVERVIEW

This document contains the **Primary** Part III Actuarial Memorandum for Antidote Health Plan of Ohio's (Antidote's) individual comprehensive medical block of business, effective January 1, 2026. These individual rates are guaranteed through December 31, 2026. These products are offered both on and off the Individual Insurance Exchange. This Actuarial Memorandum is submitted in conjunction with the Part I Unified Rate Review Template (URRT).

The purpose of the Actuarial Memorandum is to provide certain information related to the submission, including support for the values entered into the Part I URRT, which supports compliance with the market rating rules and reasonableness of applicable rate increases. This information may not be appropriate for other purposes.

The information in this Actuarial Memorandum has been prepared for the use of Antidote and is intended for use by the Ohio Department of Insurance (ODI), the Center for Consumer Information and Insurance Oversight (CCIO), and their subcontractors to assist in the review of Antidote's individual rate filing. However, we recognize that this certification may become a public document. Milliman makes no representations or warranties regarding the contents of this Actuarial Memorandum or rate filing to other users. Likewise, other users of this Actuarial Memorandum should not place reliance upon this Actuarial Memorandum that would result in the creation of any duty or liability for Milliman under any theory of the law.

The results are actuarial projections. Actual experience will differ for a number of reasons including, but not necessarily limited to, population changes, claims experience, and deviations from assumptions.

The 2026 plan year premium rates provided in this Actuarial Memorandum were developed based upon the current Affordable Care Act (ACA) statutes and regulations, relevant CMS and HHS guidance, Executive Orders, relevant Ohio statutes and regulations, court decisions in full force and effect as of the submission date of this Actuarial Memorandum, including, but not limited to, the cost-sharing reduction (CSR) subsidies not being funded for the 2026 plan year. Accordingly, Antidote retains and reserves the right to amend this Actuarial Memorandum and 2026 plan premium rates, should there be any changes to the ACA statutes and regulations, relevant CMS and HHS guidance, Executive Orders, relevant Ohio statutes and regulations, and court decisions.

As prescribed by the state, the premium rates developed and supported by this **Primary** Actuarial Memorandum assume enhanced premium tax credit subsidies introduced through the American Rescue Plan Act (ARPA) will not be extended beyond 2025.

As prescribed by the ODI, the premium rates developed and supported by this Actuarial Memorandum assume CSR subsidies will not be funded as described in current regulations and guidance. The ODI prescribes that the impact of CSR subsidy non-payment should be spread across silver plans only in the single risk pool. Future modifications in legislation, regulation and / or court decisions regarding the funding of CSR subsidy payments may affect the extent to which the premium rates are neither excessive nor deficient.

At the time of this rate filing submission, we acknowledge there is uncertainty regarding whether the enhanced premium tax credit subsidies introduced through the American Rescue Plan Act (ARPA) will or will not be extended beyond 2025. Consistent with current regulations, we have assumed that these subsidies will expire at the end of 2025 and adjusted our assumptions for the 2026 premium rates accordingly. However, we have made no prediction or estimate of the likelihood of these events. The expiration versus extension of these subsidies could have a material impact on morbidity, enrollment, and other factors related to the Individual market. We have incorporated various premium rate adjustments to reflect the estimated financial impact of these subsidies expiring. These adjustments are derived from a Milliman model that includes data from CMS reports, proprietary Milliman datasets, and other publicly available information. Our model results will evolve as new information becomes available and new actions are taken by the authorities and other stakeholders. If subsequent information becomes available that would materially affect this rate filing submission, we would likely pursue opportunities to revise our pricing assumptions and resubmit this rate filing.

DESCRIPTION OF BENEFITS

These products provide comprehensive medical benefits for services received within the provider network. The products have various cost sharing designs, which are a combination of deductibles, coinsurance, and copayments that vary for in-network services. All member cost-sharing (deductibles, coinsurance, and copays) accrue toward the annual out-of-pocket maximum.

[REDACTED]

[REDACTED]

EXHIBIT 2: PROPOSED RATE CHANGE(S)

This submission is for rates effective January 1, 2026 for Antidote's individual medical ACA-compliant products, as presented by HIOS Plan ID in the applicable line of Worksheet 2 in the URRT. [REDACTED]

These rates were developed [REDACTED]

REASONS FOR RATE CHANGE

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

EXHIBIT 3: EXPERIENCE AND CURRENT PERIOD PREMIUM, CLAIMS, AND ENROLLMENT

Not applicable as Antidote is a newly licensed health insurer and has no historical experience. Premium rates presented are 100% manually rated.

PAID THROUGH DATE

Not applicable.

CURRENT DATE

The reported date for current enrollment and premium in URRT Worksheet 2, Section II is [REDACTED]

PREMIUMS (NET OF MLR REBATE) IN EXPERIENCE PERIOD

Not applicable.

ALLOWED AND INCURRED CLAIMS INCURRED DURING THE EXPERIENCE PERIOD

Not applicable.

EXHIBIT 4: BENEFIT CATEGORIES

We assigned the manual data utilization and cost information to benefit categories consistent with those shown in Worksheet 1, Section II of the Part 1 URRT based on place and type of service using a detailed claims mapping algorithm summarized, as follows:

INPATIENT HOSPITAL

Includes non-capitated facility services for medical, surgical, maternity, mental health and substance abuse, skilled nursing, and other services provided in an inpatient facility setting and billed by the facility.

OUTPATIENT HOSPITAL

Includes non-capitated facility services for surgery, emergency room, lab, radiology, therapy, observation, and other services provided in an outpatient facility setting and billed by the facility.

PROFESSIONAL

Includes non-capitated primary care, specialist, therapy, the professional component of laboratory and radiology, and other professional services, other than hospital-based professionals whose payments are included in facility fees.

OTHER MEDICAL

Includes non-capitated ambulance, home health care, DME, prosthetics, supplies, vision exams, dental services, and other services. The measurement units for utilization used in this category are a mix of visits, cases, procedures, etc.

CAPITATION

There are no capitated arrangements.

PRESCRIPTION DRUG

Includes drugs dispensed by a pharmacy. This amount is net of rebates received from drug manufacturers.

EXHIBIT 5: PROJECTION FACTORS

There is no individual experience for Antidote in 2024. As such, it is not considered credible for purposes of developing 2026 premium rates and a manual rate is used.

TREND FACTORS (COST / UTILIZATION)

Not applicable since no credibility is being given to the Antidote individual experience, as discussed above.

EXHIBIT 6: ADJUSTMENTS TO TRENDED EHB ALLOWED CLAIMS PMPM

There is no individual experience for Antidote in 2024. As such, it is not considered credible for purposes of developing 2026 premium rates and a manual rate is used.

MORBIDITY ADJUSTMENT

Not applicable since no credibility is being given to the Antidote individual experience, as discussed above.

DEMOGRAPHIC SHIFT

Not applicable since no credibility is being given to the Antidote individual experience, as discussed above.

PLAN DESIGN CHANGES

Not applicable since no credibility is being given to the Antidote individual experience, as discussed above.

OTHER ADJUSTMENTS

Not applicable since no credibility is being given to the Antidote individual experience, as discussed above.

Changes in Covered Services

Not applicable since no credibility is being given to the Antidote individual experience, as discussed above.

Changes in Provider Reimbursement

Not applicable since no credibility is being given to the Antidote individual experience, as discussed above.

EXHIBIT 7: MANUAL RATE ADJUSTMENTS

[REDACTED]

SOURCE AND APPROPRIATENESS OF EXPERIENCE DATA USED

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

ADJUSTMENTS MADE TO THE DATA

This section includes a description of each factor used to adjust the experience of the manual rates and supporting information related to the development of those factors.

Calibration to the ACA Individual Market

[REDACTED]

[REDACTED]

Changes in Expected Provider Reimbursements

[REDACTED]

Changes in Medical Management Practices

[REDACTED]

Changes in Plan Designs

[REDACTED]

Changes in Demographic and Geographic Mix

[REDACTED]

Trend Factors

[REDACTED]

[REDACTED]

Table 7.1 Antidote Health Plan of Ohio 2025 to 2027 Annual Trend			
Service Category	Utilization Trend	Cost Trend	Total Trend
Inpatient Hospital			
Outpatient Hospital			
Professional			
Other Medical			
Capitation			
Prescription Drug			
Total			

INCLUSION OF NON-EHB PAYMENTS

[REDACTED]

[REDACTED]

PROJECTED CHANGES IN THE MORBIDITY OF THE POPULATION INSURED

[REDACTED]

EXHIBIT 8: CREDIBILITY OF EXPERIENCE

As discussed in Exhibits 6 and 7 above, Antidote has no 2024 individual experience. As such, a 0% credibility factor is assigned to the historical experience.

EXHIBIT 9: INDEX RATE



Projected Index Rate

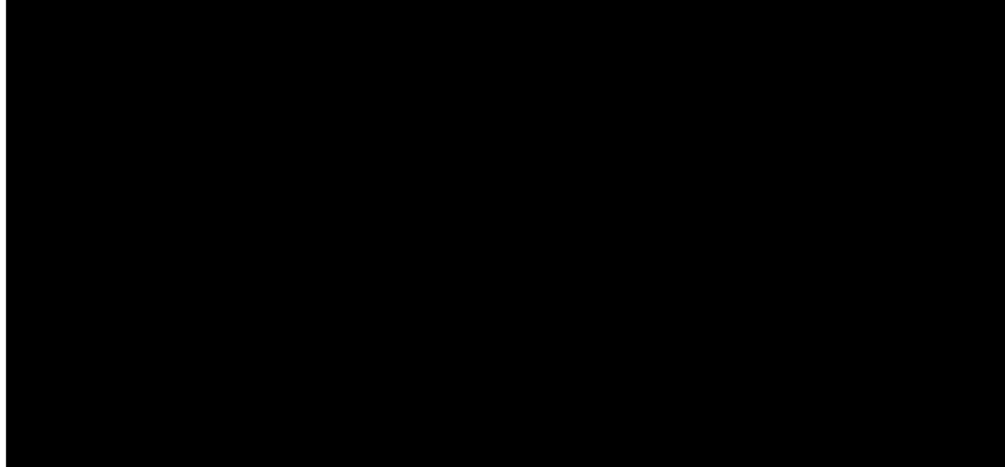


EXHIBIT 10: DEVELOPMENT OF THE MARKET-WIDE ADJUSTED INDEX RATE

The Market Adjusted Index Rate is calculated as the Index Rate adjusted for all allowable market wide modifiers as defined in the market rating rules, 45 CFR Part 156, §156.80(d)(1). The development of the Market Adjusted Index Rate is illustrated in Worksheet 1, Section II of the URRRT and in Table 10.1 below. The adjustments applied to the Index Rate in developing the Market Adjusted Index Rate and their development are described following Table 10.1.

Table 10.1
Antidote Health Plan of Ohio
Market Adjusted Index Rate Development

Annotation

The table content is completely redacted with a solid black box.

REINSURANCE

The federal transitional reinsurance program was a temporary program that ended in 2016. Since this program did not continue in 2024, manual rate reinsurance contributions are zero. We assume reinsurance contributions will be zero in 2026, and as a result, did not project any federal transitional reinsurance contributions for 2026.

RISK ADJUSTMENT PAYMENT / CHARGE

The table content is completely redacted with a solid black box.The table content is completely redacted with a solid black box.

EXCHANGE USER FEES

The table content is completely redacted with a solid black box.

EXHIBIT 11: PLAN ADJUSTED INDEX RATE

Plan Adjusted Index Rates reflect the Market Adjusted Index Rate adjusted for allowable plan level modifiers defined in the market rating rules, 45 CFR Part 156, §156.80(d)(2).

ACTUARIAL VALUE AND COST SHARING DESIGN OF THE PLAN

[REDACTED]

[REDACTED]

Experience Period Cost Sharing Reduction Amounts

[REDACTED]

Projected Cost Sharing Reduction Amounts

[REDACTED]

PROVIDER NETWORK, DELIVERY SYSTEM, AND UTILIZATION MANAGEMENT PRACTICES

[REDACTED]

BENEFITS IN ADDITION TO EHBS

[REDACTED]

ADMINISTRATIVE COSTS

[REDACTED]

[REDACTED]

Table 11.1
Antidote Health Plan of Ohio
Projection Period Plan Adjusted Index Rate Development

[illegible]

Note: Values may vary from the actual URRT due to rounding.

The Plan Adjusted Index Rates reflect the average demographic characteristics of the single risk pool, and therefore, are not calibrated.

EXHIBIT 12: CALIBRATION

A single calibration factor is applied to the Plan Adjusted Index Rates from Table 11.1 to calibrate rates for the expected age and geographic distribution expected to enroll in the plan. The single calibration factor is applied uniformly across all plans.

AGE CURVE CALIBRATION

The weighted average age curve calibration factor is [REDACTED]. The calibration to the age curve complies with the rating rules specified in 45 CFR Part 147, §147.102.

In order to determine the calibration factor for age, the projected distribution of members by age was determined excluding the percentage of unrateable children. The weighted average of the factors in the age curve was then calculated using this distribution.

Prior to applying the allowed rating factors for age, geography, and tobacco, the Plan Adjusted Index Rates need to be divided by the age curve calibration factor. The age curve calibration factor development is in Table 12.1 below.

Table 12.1 Antidote Health Plan of Ohio Development of Age Calibration Factor			
Gender	Age Band	Total Distribution*	2026 Rating Factors
Child	0 to 1		
Child	2 to 6		
Child	7 to 18		
Child	19 to 20		
Male	21 to 24		
Male	25 to 29		
Male	30 to 34		
Male	35 to 39		
Male	40 to 44		
Male	45 to 49		
Male	50 to 54		
Male	55 to 59		
Male	60 to 63		
Male	64+		
Female	21 to 24		
Female	25 to 29		
Female	30 to 34		
Female	35 to 39		
Female	40 to 44		
Female	45 to 49		
Female	50 to 54		
Female	55 to 59		
Female	60 to 63		
Female	64+		
Age Calibration Factor:			

* Distribution includes all members (in both metallic and catastrophic plans)

Additional information regarding the age curve rating factors can be found in Exhibit 13.

GEOGRAPHIC FACTOR CALIBRATION

In order to determine the calibration factor for geography, the projected distribution of members by area was determined. The weighted average of the area factors was then determined using this distribution. The area factors used are reflective of differences in delivery costs (including unit cost and provider practice pattern differences) only, and do not reflect any difference in population morbidity. Prior to applying the allowed rating factors for age, geography, and tobacco, the Plan Adjusted Index Rates need to be divided by the geography calibration factor.

EXHIBIT 13: CONSUMER ADJUSTED PREMIUM RATE DEVELOPMENT

The Consumer Adjusted Premium Rate is the final premium rate for a plan that is charged to an individual or family utilizing the rating and premium adjustments as articulated in the applicable Market Reform Rating Rules.

Antidote's calendar year 2026 age and tobacco rating factors are shown in Table 13.1 below. The age rating factors used by Antidote are identical to those prescribed by CMS.

Table 13.1 Antidote Health Plan of Ohio Age and Tobacco Rating Factors					
Age Band	Age Rating Factor	Tobacco Factor	Age Band	Age Rating Factor	Tobacco Factor
0 to 14			40		
15			41		
16			42		
17			43		
18			44		
19			45		
20			46		
21			47		
22			48		
23			49		
24			50		
25			51		
26			52		
27			53		
28			54		
29			55		
30			56		
31			57		
32			58		
33			59		
34			60		
35			61		
36			62		
37			63		
38			64+		
39					

Antidote's calendar year 2026 geographic rating factors are shown in Table 13.2 below. These factors reflect differences based on expected provider reimbursement differentials by area, normalized to 1.00.

[illegible]

The premium for family coverage is determined by summing the Consumer Adjusted Premium Rate for each individual family member, provided, at most, three child dependents under age 21 are taken into account.

EXHIBIT 14: PROJECTED LOSS RATIO

The projected loss ratio is [REDACTED]. This loss ratio is calculated consistently with the MLR methodology, according to the National Association of Insurance Commissioners, as prescribed by 45 CFR 158. The following table demonstrates Antidote's premium development and MLR calculation using rounded values. Antidote's MLR in annual financial reporting will differ compared to the single-year projection illustrated here as the MLR formula uses a three-year calculation and other adjustments.

Table 14.1 summarizes the calculation for the projected federal medical loss ratio.

Table 14.1 Antidote Health Plan of Ohio Projected Federal Medical Loss Ratio		
		Annotation
Member Months	[REDACTED]	(1)
MLR Numerator Calculations		
Paid Claims PMPM	[REDACTED]	(2)
Risk Adjustment Paid (Received) PMPM	[REDACTED]	(3)
Quality Improvement	[REDACTED]	(4)
MLR Numerator	[REDACTED]	(5) = (2) + (3) + (4)
MLR Denominator Calculations		
Premium PMPM	[REDACTED]	(6)
Premium-Related Retention (Taxes and Fees) PMPM	[REDACTED]	(7)
MLR Denominator	[REDACTED]	(8) = (6) – (7)
Medical Loss Ratio	[REDACTED]	(9) = (5) / (8)
Ohio Medical Loss Ratio	[REDACTED]	(10) = (2) / (6)

The Ohio-specific projected loss ratio demonstration is shown in Table 14.1.

EXHIBIT 15: AV METAL VALUES

The AV metal values included in Worksheet 2, Section I of the URRT are based on the 2026 Federal AV Calculator.



EXHIBIT 16: MEMBERSHIP PROJECTIONS

The projected membership, as displayed in Worksheet 2, Section IV of the URRT, was determined by considering the size of the projected Antidote 2026 market share.



EXHIBIT 17: PLAN TYPE

The applicable plan type for each plan has been noted in Worksheet 2, Section I of the URRT. They are consistent with the available options in the drop-down box in Worksheet 2.

EXHIBIT 18: EFFECTIVE RATE REVIEW INFORMATION

This section details elements of an effective rate review for which the data needed to perform the review is not explicitly shown on the URRT.

ADMINISTRATIVE EXPENSE LOAD

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PROFIT

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TAXES AND FEES

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Table 18.1 Antidote Health Plan of Ohio Illustration of Administrative Expenses by URRT, Worksheet 2 Category			
Retention Description	PMPM	% Premium	Basis
Administrative Expense Load			
General Administrative Expenses			
Commission			
Commercial Reinsurance Recoveries			
Commercial Reinsurance Premiums			
Quality Improvement			
Subtotal: Administrative Expense Load			
Profit			
Target Post-Tax Profit			
Subtotal: Profit			
Taxes and Fees			
Risk Adjustment Admin Fee			
Ohio State Premium Tax			
Comparative Effectiveness Research Fee			
Federal Income Tax			
Subtotal: Taxes and Fees			
Total Retention			

Note: Totals may vary due to rounding.

TERMINATED PRODUCTS

Not applicable.

HEARING AID COVERAGE UNDER OHIO HB315

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EXHIBIT 19: RELIANCE

In performing this analysis, I relied on data and other information provided by Antidote. I have not audited or verified this data and other information. If the underlying data or information is inaccurate or incomplete, the results of our analysis may likewise be inaccurate or incomplete.

I performed a limited review of the data used directly in the analysis for reasonableness and consistency and have not found material defects in the data. If there are material defects in the data, it is possible they would be uncovered by a detailed, systematic review and comparison of the data to search for data values that are questionable or for relationships that are materially inconsistent. Such a review was beyond the scope of the assignment.

[REDACTED]

EXHIBIT 20: ACTUARIAL CERTIFICATION

I, [REDACTED] have been engaged by Antidote Health Plan of Ohio to provide the opinion herein.

Guidelines issued by the American Academy of Actuaries require actuaries to include their professional qualifications in all actuarial communications. I am a member of the American Academy of Actuaries, and I meet its qualification standards to perform the analysis and render the actuarial opinion contained herein.

I certify to the best of my knowledge and judgment:

1. The Projected Period Index Rate is:
 - In compliance with all applicable State and Federal Statutes and Regulations (45 CFR 156.80 and 147.102).
 - Developed in compliance with the applicable Actuarial Standards of Practice.
 - Reasonable in relation to the benefits provided and the population anticipated to be covered.
 - Neither excessive nor deficient based on my best estimates of the 2026 individual market.
2. The Index Rate and only the allowable modifiers as described in 45 CFR 156.80(d)(1) and 45 CFR 156.80(d)(2) were used to generate plan level rates.
3. The geographic rating factors shown in Worksheet 3 of the URRT reflect only differences in the cost of delivery and do not include differences for population morbidity by geographic area.
4. The CMS Actuarial Value Calculator was used to determine the AV Metal Values shown in Worksheet 2, Section I of the URRT for all plans. [REDACTED]
5. The premium rates filed are prepared in conformity with the applicable Actual Standards of Practice (ASOPs) promulgated by the Actuarial Standards Board. Please note, ASOP 26 does not apply since this certification is for individual health insurance only.

CHECK LIST OF ACTUARIAL STANDARDS OF PRACTICE (ASOPs) FOR STATEMENT 5 ABOVE

- x ASOP No. 5 – Incurred Health and Disability Claims
- x ASOP No. 8 – Regulatory Filings for Health Benefits, Accident and Health Insurance, and Entities Providing Health Benefits
- x ASOP No. 12 – Risk Classification (for All Practice Areas)
- x ASOP No. 23 – Data Quality
- x ASOP No. 25 – Credibility Procedures
- ASOP No. 26 – Compliance with Statutory and Regulatory Requirements for the Actuarial Certification of Small Employer Health Benefit Plans
- x ASOP No. 41 – Actuarial Communications
- x ASOP No. 42 – Health and Disability Actuarial Assets and Liabilities other than Liabilities for Incurred Claims
- x ASOP No. 50 – Determining Minimum Value and Actuarial Value under the Affordable Care Act
- x ASOP No. 56 – Modeling

The URRT does not demonstrate the process used to develop proposed premium rates. It is representative of information required by Federal regulation to be provided in support of the review of rate increases, for certification of qualified health plans, and for certification that the Index Rate is developed in accordance with Federal regulation and used consistently, and only adjusted by the allowable modifiers.

The information provided in this Actuarial Memorandum is in support of the items illustrated in the URRT and does not provide an actuarial opinion regarding the process used to develop proposed premium rates. It does certify that rates were developed in accordance with applicable regulations, as noted.

Differences between the projections and actual amounts depend on the extent to which future experience conforms to the assumptions made for this analysis. It is certain that actual experience will not conform to the assumptions used in this analysis. Actual amounts will differ from projected amounts to the extent that actual experience deviates from expected experience.

Milliman has developed certain models to estimate the values included in this memorandum. The intent of the models was to estimate Antidote's 2026 Ohio individual market ACA premium rates. We have reviewed the models, including their inputs, calculations, and outputs for consistency, reasonableness, and appropriateness to the intended purpose and in compliance with generally accepted actuarial practice and relevant actuarial standards of practice (ASOP). The models, including all input, calculations, and output may not be appropriate for any other purpose.

The 2026 plan year premium rates provided in this Actuarial Memorandum were developed based upon the current Affordable Care Act (ACA) statutes and regulations, relevant CMS and HHS guidance, Executive Orders, relevant Ohio statutes and regulations, court decisions in full force and effect as of the submission date of this Actuarial Memorandum, including, but not limited to, the cost-sharing reduction subsidies not being funded for the 2026 plan year. Accordingly, Antidote retains and reserves the right to amend this Actuarial Memorandum and 2026 plan premium rates, should there be any changes to the ACA statutes and regulations, relevant CMS and HHS guidance, Executive Orders, relevant Ohio statutes and regulations, and court decisions.

Signed: _____

Date: June 27, 2025